



Preventing Parent Burnout Workshop

Presented by
Maryalice Fegeley, Regional Manager
Parent to Parent of NYS

Join us at this workshop as we learn how to identify and manage the stress that so often affects caregivers of children with special needs.

**P373 P373/The Robert Randall School
91 Henderson Avenue
Thursday, January 18, 2024
9:30am**

To register, please contact Julia Luppino at
Jluppino2@schools.nyc.gov or call 718-816-8897

*“The greatest weapon against stress is our ability to choose
one thought over another.”*

« William James